



Keeping adults safe from abuse or neglect in Leicester, Leicestershire and Rutland

SEE
something

Abuse or neglect

is always wrong

SAY
something

Safeguarding adults is about
working with people with care and support
needs who experience abuse or neglect

What to do if abuse or neglect is taking place?

Tell a trusted person as soon as possible.

- This could be:
- your doctor
 - trusted friends or family members
 - other health professionals
 - other trusted professionals
 - care workers
 - nurse
 - social care worker
 - police

Any concerns about yourself or an adult who is unable to protect themselves from being abused or neglected, contact Adult Social Care in the area you live/they live:

Leicester	0116 454 1004
Leicestershire	0116 305 0004
Rutland	01572 758 341
Domestic Abuse and Sexual Violence Helpline	0808 80 200 28

If a crime has been committed you can report it via website www.leics.police.uk or call Leicestershire Police on **101**. If it is an emergency phone **999**.